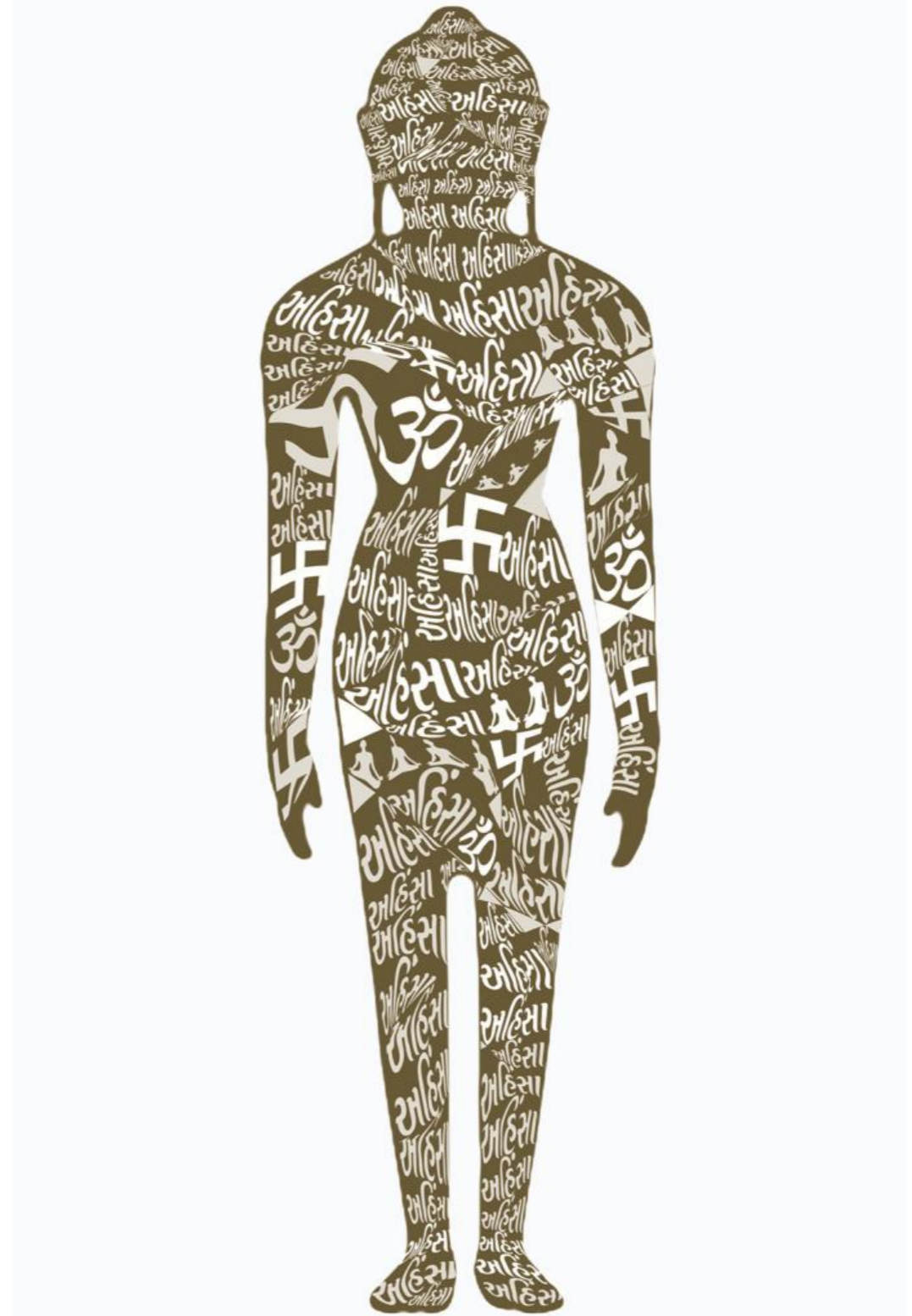


MAHAJINAM

The ways of the
Enlightened masters !

An inspiration by :
Dr Mayank Shah





Decoding the secrets of spiritual transcendence

...discovering Jainatva.

Spirituality is the science of knowing our spirit and the very essence of our divine 'SELF'. This essence empowers our existence and is the governing force of the universe itself. It is the very definition of divinity. The understanding of this essence and experiencing its pure potentials is the sole purpose of our existence.

As living beings, we pass through different states of expressions, assuming different bodies through birth and death cycles. Each life is the platform where the SELF expresses itself and strives to evolve through its experiences therefrom. This is made possible by awakening its higher potentials to 'Know' and 'Experience' life through evolution of consciousness and intelligence. Only those who are aligned to 'dharma' or spiritual living can transcend through experiential knowledge.

The concept of evolution is simple - to identify and cleanse the SELF from all impurities and limiting factors. The pollutants cling to the soul as Karmic bondage. This process of karmic cleansing and self purification is 'Jainatva' - the science of spiritual alignment.

Jainatva has an esoteric meaning - 'to conquer our inner enemies'. It is the principle theme which governs our Self Purification and thereby evolving to our highest potential. **The principles of Jainatva are the foundations of Mahajinam science of Self Evolution!**

THE SELF

Be a

MAHAJINA

.... The highest
form of evolution!



The qualities of an evolved soul

AGAMA PURUSHA : Knowledge Consciousness

VITARAGA : Non attachment to falsehood

PRANAVA : Primal Spiritual energy

ANANTARA : Beyond time & Space

ANANDA : Innate Joy of Self Expression

BRAHMANA : The divine Chitta

SANATANA : Eternal existence

PARAKARMA : Beyond karmic Bondage

KAIVALYA : Complete and pure

MAHAJINAM - Mastering the SELF .

Mahajinam is the amalgamation of all essential spiritual knowledge and practices for effective Spiritual Transcendence. Mahajinam aims at highlighting the fundamental roots of universal Spirituality. It strives to guide the practitioner towards a result oriented approach based on scientific principles. Mahajinam helps in improving the quality of our present life and to lay the foundations for achieving Kaivalya - a state of completeness and purity of SELF !

‘Kaivalya’ is divine state without any limitations, where the self expresses itself in all divine glory and experiences boundless inner peace and joy.



5 MAHA TANTRA-SUTRA

1. VYAHVAAR TANTRA-SUTRA: (Right Behaviour)
2. PRAAN TANTRA-SUTRA (Pranic energies)
3. VIBHUTI TANTRA-SUTRA (Universal energies)
4. VIGNAAN TANTRA-SUTRA (Knowing creation)
5. MAHA TANTRA-SUTRA (Understanding Karma)

5 MAHASADHANA

1. KAUSAGGAM : (Purifying karma)
2. NAMOKKARAM (Awaken Knowledge Consciousness)
3. ANINDRAM (Transcendence to super-sensory awareness)
4. SAMKARAM. (Equanimity aligned to truthfulness)
5. JINAHARAM (Nourishing the spirit)

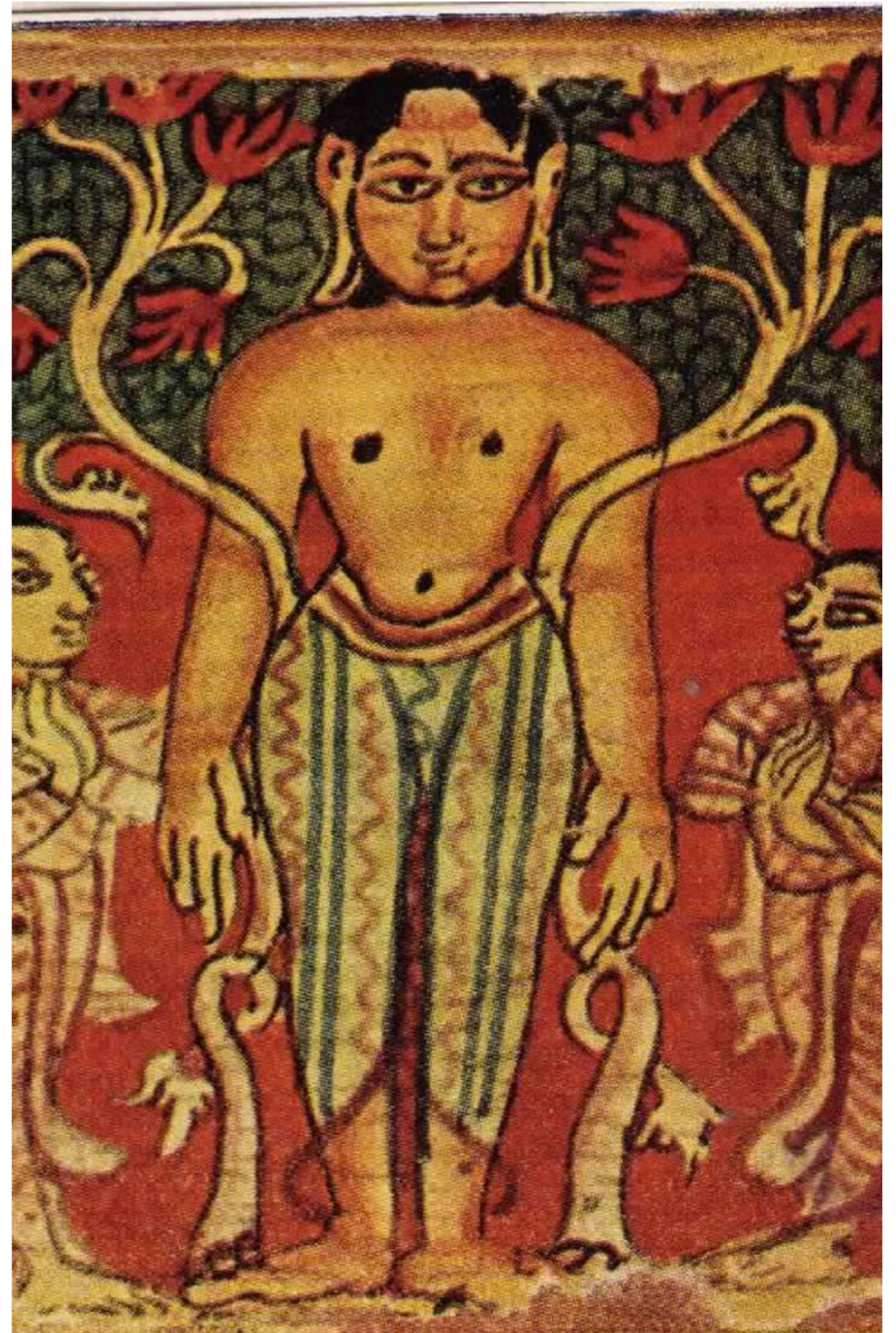
Kausaggam

The art of mastering Karma!

“Everything that exists is ENERGY - the way you utilise that energy is Karma! All experiences are the results of Karma. We are all manifestations of Karma itself!”

Life is nothing but living intelligent energy. Its prime virtue is intelligence which enables one to Know and understand. And to Know, one must have the faculty of Knowing (Buddhi). Divine Buddhi is the core virtue of all living beings. Purification and development of our intrinsic intelligence potential is the fundamental objective of transcendental spiritual philosophies.

Knowing and action are closely linked. We see action all around us. Action is an effort, which results in an ‘experience’. An experience further translates into happiness or suffering. These are the guiding signs for aligning our actions. By our numerous actions, we ‘know’ and align to the truth...



Of course, behind this ability of Action, is the intelligence that gives direction to our efforts. Our actions reflect our intelligence. And by our Actions we energise our potential to transform our higher SELF and ultimately influence the universe around us. Our Actions and the intelligent intentions behind them are the basis of our manifestations.

The science behind our actions is the most important part of spirituality. It supports the universal law of Cause and effect - the Law of KARMA. There is nothing more profound and of far reaching consequence than the concept of 'Karma'. 'Karma' is the cause of everything that happens within us and around us - and we are the creator, modifier and destroyer of karma.

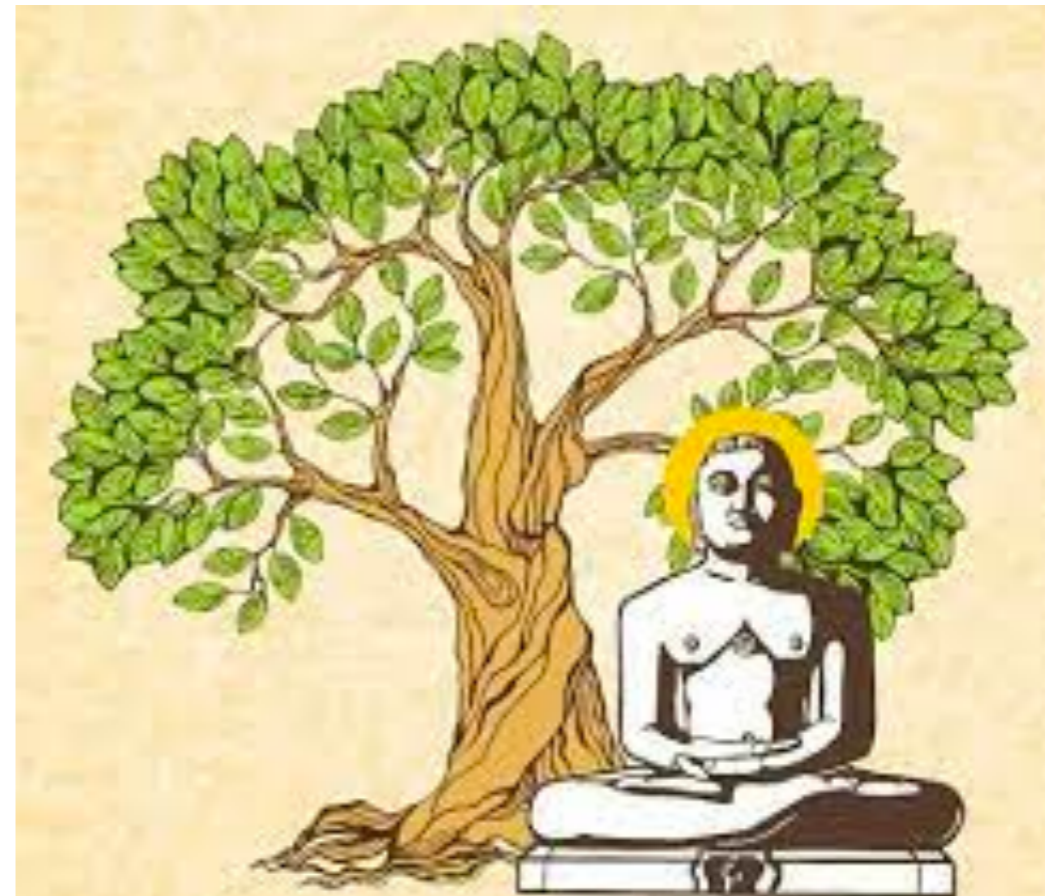
Karma is more than just 'Cause' and 'Effect'. It is the energy that governs all that happens in the universe. Within us, karma is the cause of our experiences - the experience of misery & suffering or peace & happiness. Around us, karma is the underlying law that governs everything in the universe.

Karma energy is everywhere. The KARMA of the universe is the energy of creation, preservation and destruction of the visible cosmos. It is the phenomenon that gives meaning to the seemingly chaotic nature of the vast universe around us. It is the very essence of Universal expression and the way of things.

The Karma of the SELF, governs living existence. It gives quality and meaning to life and is the fundamental factor that governs our evolution.

MASTERING KARMA:

There is a subtle yet immensely powerful intention that all living beings share; it is the intention to master their existence and destiny. For achieving the same, it is obvious that one needs to fully develop their intelligence potential and steer their actions towards evolution.



KAUSAGGAM - The art and the Science

The uniqueness of 'jainatva' lies in its result oriented spiritual disciplines leading to mastering of the SELF. All efforts are based on the principles of transcendence leading to the pure state of 'Mahajina' or the penultimate evolution. The equation is simple. Know your inner enemies and practice the art of eliminating them. This is the essence of SELF purification and the technique is 'KAUSAGGAM'. The essence of the technique is evident from its meaning - 'Eliminate all that is impure' .

Kausaggam is one of the most ancient and probably an eternal form of spiritual practice. It is the key to transcendence. Kausaggam is a step beyond meditation; the ultimate effort of the SELF to free itself from all limitations and karmic bondages that restrict its manifestations.

Kausaggam is the central theme of MAHAJINAM. It addresses the need to detoxify the SELF and awaken the divine virtues within. Our lives have one sole purpose - to evolve to our pure and complete state ... the state of MAHAJINA.

Kausaggam is the art and science of EVOLUTION!



THE 3 TYPES OF KAUSAGGAM

The purification of our form and function are at the centre of 'Kausaggam' practice. It is the way to master Karma and be free from the experiences of pain & suffering; it is the way to achieve an eternal state of pure existence beyond the impermanences of Birth & Death cycles.

The 3 CATEGORIES of Purification :

- a. **Chestha Kausagg** : The purification of ones worldly behaviour & actions form the 'Chestha' kausagg format. It aligns the practitioner with the universe.
- b. **Abhibhav kausagg** : the purification of knowledge consciousness forms the 'Abhibhav' format. It awakens one's intrinsic divine intelligence and helps in achieving equanimity
- c. **Maha Kausagg** : The purification of one's karmic energies forms the Maha Kausagg format. This practice awakens one's potential to master one's destiny and aligns one's actions beyond good & bad. This evolves the seeker to the state of eternal harmony and the ultimate form of existence.

Come, let us discover KAUSAGGAM!

Mahajinam

THE PRACTICE OF SOULFULNESS

Applied Spirituality ...in day to
day Life!

‘Soulfulness’ refers to the the art of being present in the now...
living each moment to its fullest. It also inspires manifesting
ones pure virtues and being joyful in its experiences.

The practice of soulfulness is being aware of the PURE SELF
and its potentials ; to be the witness and observer of
everything happening within and around us. It awakens our
divine intelligence and guides us by aligning our actions to the
universal Laws of nature.

Mahajinam simplifies spiritual practices for our day-to-day
life and helps us in manifesting extraordinary experience of
our divinity.





SIGNS OF PURE EXISTENCE

1. Prana - Pure living energy
2. Prema - Unconditional love
3. Prabuddha - Divine intelligence
4. Prasada - Wealth n success
5. Prasanta - Equanimity n happiness
6. Prabhava - Eternal form manifestation
7. Parakarma - Right action

The Eternal & Universal Path to Enlightenment

Begin Your Spiritual Journey



EVOLVE !

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